

## Parent Meeting

- ❖ Welcome
  - My name is Cyndi Meshach. I have been playing and coaching soccer for too many years. I do not have a child on this team, on board and meet coaches at practice often...
  - This is my Niece Dalilah. She is in her 4<sup>th</sup> year of competitive soccer and is very excited about helping out this year.
- ❖ Practices will be held on Wednesday & Fridays from 6:00-7:30pm at Sam Ryno Park. All players **must** wear shin guards and bring water and a size 4 soccer ball to EVERY practice. If you don't own a ball and have NO WAY to get one, please see me privately, if more comfortable, for a loaner. I always bring rental balls and shin guards, just in case. Price is 7 burpees.
  - We strongly believe that practice should start and end on time. Therefore, your child is considered late if they JOIN PRACTICE at 6:00pm or LEAVE PRACTICE before 7:30pm. Although, there are no 'real' consequences for attendance issues at this age, they will be reminded that they are late and how that affects the entire team, not just them. You are welcome and encouraged to be present for this conversation. If there is a regular interference, please let us know in advance, as it will be discussed as such.
  - We believe that practice should be a FUN way to get some exercise and learn some soccer skills. We encourage you to keep the fun going by NOT pressuring your young child to perform. Soccer is not a game that you learn in a day, a week, a month or even a season. If the kids are having fun, they will continue to play and therefore, they will learn the game.
  - Priorities at practice will be:
    - Arrive on time and prepared
    - Listen and communicate
    - Participate to the best of your ability
    - Be a good team mate
- ❖ We will have a brief team meeting after EVERY game. The kids will know that it is time to go to their parents because we will do a break out cheer before we leave EVERY practice and game.
- ❖ We have posted information to our team connect page. Please read, sign and return the Parent/Player/Coach Agreement before you leave today. More information can be found at [ceressoccer.com](http://ceressoccer.com).
- ❖ Age group alignment. Header protocol. Concussion protocol. Heat and hydration.
- ❖ Q & A
- ❖ Thank you for coming.